



# ONE CARE CONNECT

Embrace 360° Care 24x7

## HYPOTHYROIDISM CARE

Balanced Thyroid, Balanced Life  
Commit to Optimal Health



### WHAT IS HYPOTHYROIDISM

Hypothyroidism is a condition in which the thyroid gland is underactive and does not produce enough thyroid hormones, which are crucial for regulating the body's metabolism. This deficiency can lead to symptoms such as fatigue, weight gain, cold intolerance, and depression. If left untreated, hypothyroidism can cause more severe health issues, including heart problems, infertility, and mental health concerns. It is typically managed with hormone replacement therapy to restore normal hormone levels and alleviate symptoms.

### BENEFITS OF JOINING ONE CARE CONNECT HYPOTHYROIDISM PROGRAM

- Receive customized care tailored to your specific thyroid condition, ensuring optimal hormone levels and effective symptomatic management.
- Connect with specialized endocrinologists who have expertise in thyroid disorders, providing you with expert guidance and treatment options.
- Utilize advanced tools and regular testing to closely monitor your thyroid hormone levels, allowing for timely adjustments to your treatment plan.
- Access healthcare professionals anytime through telemedicine for ongoing support, questions, and adjustments to your care without the need for in-person visits.
- Effective management of hypothyroidism reduces the risk of complications such as cardiovascular issues, infertility, and mental health challenges, safeguarding your long-term health.
- Achieve better energy levels, mood stability, and overall health through proactive and personalized hypothyroidism care, allowing you to lead a more fulfilling life.



WhatsApp support / Call us for a Free Consultation: +91 905 954 8787



Monthly Hypothyroidism Care Plans		Care ₹ 1100 Monthly	Care+ ₹ 1400 Monthly	Care++ ₹ 2000 Monthly
Worth of INR		₹ 1700	₹ 2000	₹ 2600
1	Digital ABHA ID	✓	✓	✓
2	Personal Health Profile	✓	✓	✓
3	Personal Health Coach	✓	✓	✓
<b>4 Tele Consultations</b>				
	General Physician/Endocrinologist	4/Per Year	6/Per Year	8/Per Year
	Nutritionist	4/Per Year	6/Per Year	8/Per Year
	Fitness/Yoga	4/Per Year	6/Per Year	8/Per Year
	Psychologist/Therapist	4/Per Year	6/Per Year	8/Per Year
	WhatsApp Support	Unlimited	Unlimited	Unlimited
5	Thyroid Function Test	4/Per Year	6/Per Year	8/Per Year
6	Medications	✓ (up to 10% Discount)	✓ (up to 15% Discount)	✓ (up to 20% Discount)
7	Other Lab Tests	✓ (up to 20% Discount)	✓ (up to 25% Discount)	✓ (up to 30% Discount)
8	Specialty Doctors	✓ (up to 10% Discount)	✓ (up to 15% Discount)	✓ (up to 25% Discount)

★ Initial Assessment fee is 2000/- ★ Initial Assessment fee will be waived if paid in full

## COMMON SIGNS & SYMPTOMS

- Persistent fatigue and low energy levels, irrespective of sleep duration.
- Unexplained weight gain or difficulty achieving weight loss, attributable to slowed metabolism secondary to decreased thyroid hormone levels.
- Intolerance to cold temperatures, with a subjective sensation of feeling cold in environments.
- Dry, brittle hair and rough, dry skin, potentially leading to hair loss and altered skin texture.



## About Us:

One Care Connect is dedicated to providing accessible and high-quality healthcare services to communities. Our team of experienced healthcare professionals is committed to promoting health and wellness through comprehensive screenings and personalized care.

### In Compliance With



### Partners



### Contact Information :

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For More Info