



ONE CARE CONNECT
Embrace 360° Care 24x7
A Division of Curion Connect Pvt Ltd

PREGNANCY CARE

CARE FOR YOU, CARE FOR TWO



WHAT IS PREGNANCY CARE?

Pregnancy care involves the comprehensive management of health and well-being throughout the duration of pregnancy. This care focuses on monitoring the health of both the expectant mother and the developing baby, addressing any complications that may arise, and ensuring that both are supported for a healthy delivery and a positive postnatal experience. It includes regular check-ups, prenatal screenings, and lifestyle guidance to promote a successful pregnancy.

BENEFITS OF JOINING ONE CARE CONNECT PREGNANCY CARE PROGRAM

1. Routine monitoring of both maternal and fetal health to ensure a healthy pregnancy progression.
2. Participants gain valuable information on pregnancy, childbirth & newborn care, helping to prepare for each stage.
3. Guidance from nutritionists and health coaches to ensure you maintain a balanced diet and a healthy lifestyle throughout your pregnancy.
4. Convenient virtual consultations with specialists, including gynaecologists, nutritionists, & psychologist/ therapist, to address any concerns and provide ongoing support.
5. Early detection and management of potential pregnancy complications to ensure the well-being of both mother and baby.



WhatsApp support / Call us for a Free Consultation: +91 905 954 8787

Annual Pregnancy Care Plans		Care \$69 Per Month	Care+ \$79 Per Month	Care++ \$99 Per Month
	Worth of USD	\$89	\$99	\$119
1	Digital ABHA ID	✓	✓	✓
2	Personal Health Profile	✓	✓	✓
3	Personal Health Coach	✓	✓	✓
4 Tele Consultations				
	Gynaecologist	4/Per Year	6/Per Year	12/Per Year
	Nutritionist	6/Per Year	8/Per Year	12/Per Year
	Fitness/Yoga	6/Per Year	8/Per Year	12/Per Year
	Psychologist/Therapist	6/Per Year	8/Per Year	12/Per Year
	WhatsApp Support	Unlimited	Unlimited	Unlimited
5	Specialty Doctors	✓ (up to 10% Discount)	✓ (up to 15% Discount)	✓ (up to 25% Discount)

★ Initial Assessment fee is \$99

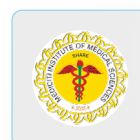
★ Initial Assessment fee will be waived if paid in full

WHAT TO FOLLOW DURING PREGNANCY

1. Keep up with scheduled check-ups to monitor your health and your baby's development.
2. Eat a nutritious, well-balanced diet rich in vitamins, minerals, and essential nutrients to support both your health and your baby's growth.
3. Drink plenty of water to stay hydrated and support overall health.
4. Use prenatal vitamins as recommended by your healthcare provider to ensure you're getting important nutrients such as folic acid and iron.

IN COMPLIANCE WITH

PARTNERS



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support@onecareconnect.com



www.onecareconnect.com

