



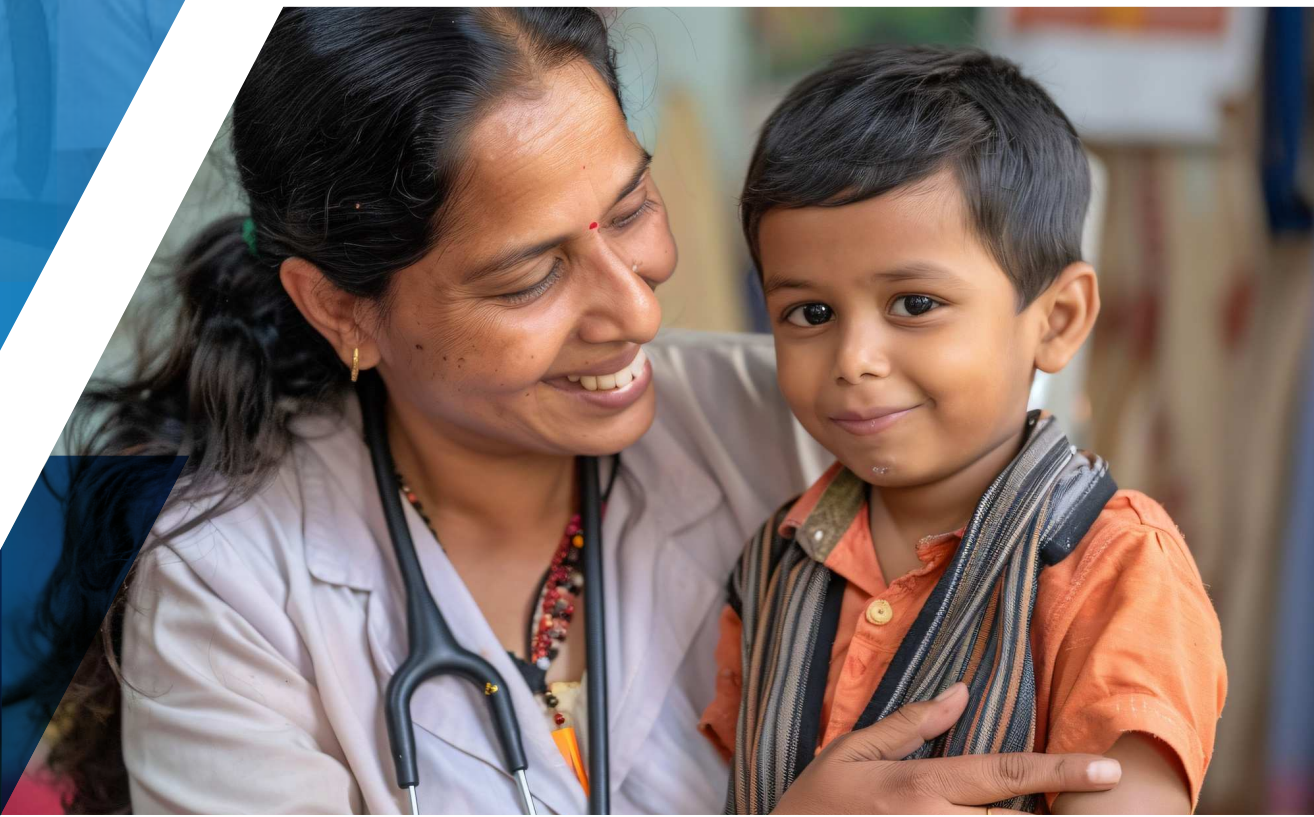
# ONE CARE CONNECT

Embrace 360° Care 24x7



## School Wellness

*Excel in studies and sports*



## ANNUAL WELLNESS PROGRAM



# Annual Wellness Program Covers

1. ABHA ID & PVC Card
2. Blood Group
3. PHP(Personal Health Profile)
4. Personal Health Cloud
5. Vital signs, including blood pressure and heart rate
6. Height and weight measurement
7. Growth charts
8. HB%, looking for iron deficiency
9. Eyes and perform a vision screening (with corrective lenses if needed)
10. Dental, Looking for Cavities, Gum diseases, Malalignment tooth
11. Ears, looking for excessive earwax, infections, perforated ear drums or items in ears (it happens!)
12. Nose, checking for polyps or septum deformities
13. Throat and mouth, looking at the tonsils, back of the throat and tongue (which can signal dehydration)
14. Heart, checking for abnormal sounds such as murmur or abnormal rate or rhythm
15. Lungs, checking for abnormal breath sounds
16. Abdomen, feeling for masses or areas that are painful when touched
17. Skin, looking for rashes or skin lesions
18. Fit to Play, Physical Activity & Exercise habits
19. Nutrition & Eating habits
20. Social and Mind Wellness



### Improved Student Health:

Regular health screenings and early detection of issues can lead to prompt treatment, reducing absenteeism due to illness.

Preventive care helps maintain overall student health and success in studies & sports

### Increased Health Awareness:

Health education programs promote awareness of healthy lifestyle choices, including nutrition, exercise, and hygiene.

Students learn to take responsibility for their health and well-being.

## About Us:

One Care Connect is dedicated to providing accessible and high-quality healthcare services to communities. Our team of experienced healthcare professionals is committed to promoting health and wellness through comprehensive screenings and personalized care.

### In Compliance With



### Partners



### Contact Information :

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For More Info